sign up today

our sponsors

☐ 10K RUN (6.2 MILES)

\$25 BEFORE AUGUST 20TH (\$35 BEFORE SEPTEMBER 15TH) • \$50 Day of Race

☐ 5K RUN (3.1 MILES)

\$20 BEFORE AUGUST 20TH (\$25 BEFORE SEPTEMBER 15TH) • \$40 Day of Race

☐ KIDS FUN RUN (1 MILE)

\$12.00 BEFORE SEPTEMBER 15TH (\$15.00 Day of Race)

☐ SPACE RACE (Space Based Costume Run - 1 MILE)

\$12.00 BEFORE SEPTEMBER 15TH (\$15.00 Day of Race)

□ JOIN A TRAINING TEAM

NAME			
ADDRESS			
CITY	STATE	ZI	Р
PHONE(DAY)			
E-MAIL			
DATE OF BIRTH	S	EX	AGE
T-SHIRT SIZE: Small N	Medium □ Large □ X-Larg		

WAIVER OF LIABILITY I understand that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to, those known and appreciated by me. Having read this waiver and understanding these facts and in consideration of your accepting my entry, I, for myself, and anyone entitled to act on my behalf, waive and release the Beckley–Raleigh County COC, Marathon Committee, City of Beckley, all organizers, all volunteers, all sponsors, their representatives, and successors from all claims or liabilities of any kind arising out my participation in this event.

A full Acknowledgement and Acceptance of Risks is attached to Page two of this document. Every participant is required to review and sign the full release attached to Page two and return it with their registration form. The Acknowledgement and Acceptance of Risks must be received by the race committee prior to acceptance of your registration. You will not be allowed to participate in this event if the Acknowledgement and Acceptance of Risks form is not signed and forwarded to the Race Committee.





LITTLE GENERAL STORES CITY OF BECKLEY BEAVER COAL COMPANY RALEIGH GENERAL HOSPITAL DR PEPPER SNAPPLE GROUP **BECKLEY RUNNING SUPPLY BECKLEY NEWSPAPER SOUTHERN COMMUNICATIONS** APPALACHIAN REGIONAL HOSPITAL McDONALD'S **BODYWORKS CITY NATIONAL BANK FALCON MACHINERY** JOHN HOWERTON HONDA MABSCOTT SUPPLY COMPANY **UNITED BANK VISIT SOUTHERN WV**

YMCA OF SOUTHERN WV
WVNS CBS 59 NEWS
FRYE ROOFING
JAN CARE AMBULANCE

PAPA JOHNS



Saturday, October 3, 2015





In Cooperation with



activities & times

age divisions

FRIDAY, OCTOBER 2

Registration - Rahall Company Store at the Exhibition Coal Mine Complex 5:00-6:00 pm

SATURDAY, OCTOBER 3

Registration - Rahall Company Store at the Exhibition Coal Mine Complex 8:00-9:30 am

Race 10:00 am

Please note that pre-registration and registration will take place at the Rahall Company Store at the Exhibition Coal Mine Complex, 513 Ewart Avenue

ACTIVE SOUTHERN WEST VIRGINIA

Active Southern WV, in cooperation with the Beckley Chamber and the YMCA of Southern West Virginia, introduces Training Teams. Running long distances is tough enough but you don't have to go it alone.

Joining a Training Team provides you with an 8 to 10 week training schedule, experienced coaches, and information on gear, nutrition, injury prevention and motivational tips.

Email: MSeiler@activeswv.com or call (304) 254-8488

Stay connected to ActiveSWV for future community events, volunteer opportunities, and ways to help your community.

5K RUN AGE GROUP DIVISIONS

Under 9
10-14 15-19
20-24 25-29
30-34 35-39
40-44 45-49
50-54 55-59
60-64 65-69
70 and up

KIDS FUN RUN AGE GROUP

5-12

awards & trophies

Medallions Awarded to each Finished

Trophies

10K & 5K Run – Male & Female – Top 3 for each age division

Overall Awards

10K & 5K Run – Male & Female Top 3 Overall Kids Fun Run - T-shirt & Medallion

Added Features

- · Medallion for each finisher
- T-shirt (if pre-registered by September 15th)
- Chip timing & scoring system provided by Appalachian Timing Group
- · Rails to Trails
- Register On Line at APTiming.com/RocketBoys5K

The 10K and 5K will take place on a closed course on the rails to trails. The race will start at the Rahall Company Store at the Exhibiton Coal Mine Complex. There will be 3 monitored intersections.

For more information, please contact
Kip Buchanan 304.252.7328 or 1.877.987.3847
or visit www.brccc.com.



could result in injury to myself or death. I hereby accept and assume all risks and dangers and all responsibility for any losses and/or damages, whether caused in whole or in part by the negligence or other conduct of the 10-K Run/5-K Run/ Kids Fun Run/Space Race Committee, Beckley-Raleigh County Chamber of Commerce, Active Southern West Virginia, City of Beckley, race sponsors consisting of City of Beckley, Beaver Coal Company, Raleigh General Hospital, Dr Pepper Snapple Group, Beckley Running Supply, Beckley Newspaper, Jan Care, Little General Stores, Southern Communications, Appalachian Regional Hospital, McDonald's, Bodyworks, City National Bank, Falcon Machinery, John Howerton Honda, Mabscott Supply Company, United Bank, Visit Southern WV, YMCA of Southern WV, WVNS CBS 59 News, Frye Roofing, Papa Johns, Rocket Boys Committee, their owners, agents, officers, employees or their Licensors and Lessees and any additional groups, associations, companies, governmental organizations, etc. that agree to sponsor this event.

ACKNOWLEDGMENTS: I acknowledge that participating in the Beckley Rocket Run 10-K Run/5-K Run/Kids Fun Run/Space Run entails known and unanticipated risks that could result in physical or emotional injury, paralysis, death or damage to myself, to property or to third parties. I understand such risks not be eliminated without jeopardizing the essential qualities of these activities. Risks include (but are not limited to); unintended contact with other runners; unintended contact with vehicles on the open course: environmental condition/weather related conditions: or, any variety of unknown causes.

THIS FORM MUST BE SIGNED BY ALL ENTRANTS

NAME

DATE

PLEASE MAIL COMPLETED REGISTRATION FORM TO BECKLEY-RALEIGH COUNTY COC,

245 N. KANAWHA STREET • BECKLEY WV 25801
PLEASE MAKE CHECKS PAYABLE TO BRCCC